

PRINCIPAL'S NEWSLETTER

St. Michael the Archangel High School



MISSION STATEMENT

Formed in Catholic tradition, the mission of St. Michael High School is to foster the spiritual, intellectual, and personal development of young people as committed disciples of Christ.

February 2026

FROM OUR PRINCIPAL

We are grateful for another successful St. Michael March for Life pilgrimage. This year, we organized the journey for 412 pilgrims from across the diocese, including approximately 130 of our own students. It was a powerful witness to the dignity of life, and we are thankful for all who helped make this experience possible, especially our March Director, Mrs. Emily Froeba.

We have also begun our spring test preparation sessions for students in grades nine through eleven as they prepare for the ACT. Based on feedback from last semester, we have made adjustments to improve the program and will continue refining it as we move forward. Our seniors are participating in sessions focused on life after high school, including transitioning out of high school, mental health, financial responsibility, and faith. Two of our notable guest speakers include, Dr. Beau Clark, East Baton Rouge Coroner and Warrior Alum of the class of 1991, who will speak about the long term impact of adult decisions, and his son Will Clark, Campus Minister at Christ the King and a member of the Class of 2019, who will address the importance of keeping the faith after graduation.

We are pleased to share that the process of removing outdated and unused chemicals from our chemistry closet has been completed. This careful and thorough effort required proper permitting and coordination with the Environmental Protection Agency, and we are continuing to refine our storage and safety protocols to maintain a safe learning environment. Thank you for your patience and cooperation during the emergency evacuation on January 15. Please be assured that in any emergency, our first priority is always the safety of our students and faculty, followed

closely by clear and timely communication with families. We appreciate your trust and partnership as we work together to keep our campus safe.

On February 24, our students will take part in a special schedule for a presentation by Sweethearts and Heroes, a national nonprofit that promotes empathy, hope, and compassionate action while building positive school cultures. This program is being provided to St. Michael at no cost through the generosity of Jordan and Lisa Tabor and The Rain Will Bring Flowers Foundation.

As always, thank you for partnering with us in the spiritual, intellectual, and personal formation of your children as disciples of Christ. We remain committed to this mission and are blessed to live it out each day.

God Bless You and Go Warriors!

Mr. Jared Cavalier, Principal

UPCOMING DATES AT A GLANCE

- 6: 9th & 10th Grade Online Registration & Signed Forms Due
- 6: Winter Pep Rally
- 7: Trivia Night
- 9: 11th Grade Online Class Registration & Signed Forms Due
- 10: School-Wide Reconciliation
- 11: Mass
- 16-20: Mardi Gras Holidays
- 25: Sophomore Retreat
- 28: Winter Formal

SENIOR INFORMATION

Seniors and their parents will receive a senior letter via email by February 24. A text will also go home alerting you this letter was sent. The senior letter will discuss all the exciting senior activities that will take place the last half of the school year.

Finalizing College Admissions Requirements

Now is the time to finalize any documentation necessary for a student's college admission requirements (immunization records, housing and orientation registration, sending in test scores). Please make sure your senior has referred to his/her college admission checklist per the college institution to complete these requirements. Should you have any questions, please do not hesitate to contact Mrs. Cart at rcart@smhsbr.org or 225-753-9782 ext. 21.

Reminder to File the FAFSA

Seniors and senior parents, please remember to complete the FAFSA in order to receive any financial assistance and/or to apply for TOPS and other scholarships per the instructions of colleges and universities. Your FAFSA must be filed by **June 30** in order to receive TOPS. The earlier the FAFSA is completed may enable a student to receive more financial assistance. Visit <https://studentaid.gov/h/apply-for-aid/fafsa> to get started or to finish your application. If you need assistance completing the FAFSA, please call the **FAFSA Helpline at 1-800-433-3243**. Before completing the FAFSA, your student and one parent must apply for a FSA ID. If the parent already has a FSA ID, they do not need to apply for another. If you wish to fill out the application for the TOPS scholarship only, you may do so on the Louisiana Office of Student Financial Assistance, LOSFA, website at <https://mylosfa.la.gov/applications/award-system/>. By filling out the LOSFA application only, and not the FAFSA, your student will not qualify for loans, grants, or work study. LOSFA requires an official qualifying ACT score of at least a 20.

Request for College Acceptance Letters/Scholarships

In order to assist in college preparation and planning, it is critical that seniors and their parents provide **Mrs. Rachel Cart** with copies of all letters of acceptance and any scholarship and financial aid awards from colleges and universities, whether or not the senior will eventually attend that particular school. Please send copies of these documents via email to

rcart@smhsbr.org or in person. The names of the colleges and universities to which the senior has been accepted will be published in the *Graduation Program*, while a list of the scholarships which were offered to the student will appear in the *Baccalaureate Mass & Senior Honors Convocation Program*. This information can only be published if parents and students share it with us. Please provide Mrs. Cart with copies of acceptance and scholarship letters as soon as they are received. If you receive others after submitting to Mrs. Cart, you can forward the new one to be added. **The deadline for this information is April 15th.**

Letterman Jacket Order Day

Any St. Michael student who has lettered in a sport may purchase a letterman jacket through Jostens. Letterman jacket packets are in the office and Jostens will be here during all lunch periods on **Wednesday, February 4.**

School Wide Reconciliation

Students will have the opportunity to receive the Sacrament of Reconciliation on **Wednesday, February 10** in their Religion classes. We are grateful to the many priests who make this wonderful Sacrament available to our students. Please be reminded that all parishes have confession available prior to Vigil Mass every Saturday. This is a great practice for families to take part in monthly! We will celebrate with a FORGIVENESS FIESTA at all lunches on **Thursday, February 11**. If you would like to help with supplies or serving email efroeba@smhsbr.org.



Mardi Gras Holidays

St. Michael High School will be closed **Monday, February 16 through Friday, February 20** for the Mardi Gras Holidays. Students will return to campus on Monday, February 23. During this week, the SMHS office will be open on Thursday and Friday, February 19 & 20, 7:30 AM to 12:30 PM.

Celebration of Mass

An all-school multicultural mass to celebrate the universality of the Catholic faith handed on in our schools will be held **Thursday, February 11 at 8:50 AM** in the St. Sebastian Gym. Parents are invited and must check in at the school office prior to the Mass start time. Students must wear their dress uniforms.

Course Selection for 2026-2027

During the week of January 26, 9th and 10th grade counselors visited those classes to discuss course selection for the 2026-2027 school year. During the week of February 2, the 11th grade counselor will visit those classes to discuss course selection. Parents/guardians are responsible for reviewing and discussing academic requirements with their children and indicating parental approval of the student's proposed schedule by signing the appropriate line indicated on the course selection sheet.

Teacher signatures are also required for specific classes indicated by asterisks (*) noted on the course selection sheets. Students must obtain teacher signatures for those classes prior to online registration in order to be considered for enrollment in that class. All current students must register for classes electronically using their activated PlusPortals student account. **Online course registration opens on the morning of presentations by the counselors.**

Due Dates:

- 9th and 10th graders:
February 6, 7:00 AM - online registration
February 6, end of day - signed forms to guidance
- 11th graders:
February 9, 12:30 PM - online registration
February 9, end of day - signed forms to guidance

No course schedule changes will be considered until May 1 unless there is a discrepancy as determined by the counselor. At that time, students may meet with school counselors if they still have concerns regarding their 2026-2027 course selections. Any requests for course selection changes must be placed in writing by the parent(s) and submitted to the appropriate grade level counselor during the period of May 1-May 21. All schedule change fees will be waived during this period. After May 21, all written requests for schedule changes must be accompanied by a check for \$25.00 made payable to St. Michael the Archangel High School.

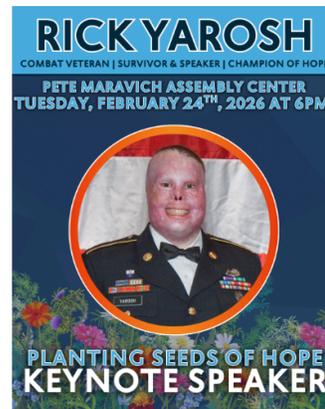
Please note: The scheduling requests submitted are considered a commitment on the part of the students and their parents for enrollment in the classes they have asked the school to provide. Selections made at this time are for the entire 2026-2027 school year.



COMBAT VETERAN. SURVIVOR & SPEAKER. CHAMPION OF HOPE.

RICK YAROSH

**IS LEADING THE CONVERSATION ON MENTAL HEALTH AS
OUR PLANTING SEEDS OF HOPE KEYNOTE SPEAKER**



His story is raw, unforgettable, and exactly the kind of hope our community needs.

Rain Will Bring Flowers is honored to announce Sgt. Rick Yarosh as the Keynote Speaker for the 3rd Annual Planting Seeds of Hope event.

Rick is a Purple Heart recipient, combat veteran, and nationally renowned motivational speaker whose journey embodies resilience, perspective, and unwavering hope. After surviving severe burns from an IED explosion in Iraq, Rick chose not to be defined by tragedy but transformed it into purpose — dedicating his life to helping others believe again.

Today, through his work with Sweethearts & Heroes, Rick has inspired over 2 million students across the country with a message that challenges us to rise after the moments that "blow us up" in life.

LET'S GROW TOGETHER AT PLANTING SEEDS OF HOPE

Every conversation, every story, and every act of compassion helps break the stigma surrounding mental health. That's why the Rain Will Bring Flowers Foundation, in partnership with LSU Athletics, the Joe Burrow Foundation, Our Lady of the Lake Health, and the LCLUB, is bringing athletes, families, the military, and our community together once again.

Together, we'll hear powerful stories of resilience, support youth mental wellness, and remind our kids: they are not alone. 🌱 Mark your calendars, RSVP, and learn more by visiting our website!

Re-Enrollment

For the 2026-27 school year, re-enrollment for current students will be through FACTS. Please read the following thoroughly for details about this process.

- All current students have an account and a tuition payment plan through FACTS. Students will automatically be re-enrolled for the 2026-27 school year. Any FACTS accounts with outstanding balances for the 2025-26 school year will not be able to register their student(s) for the 2026-27 school year until their account is reconciled.
- The current selected tuition payment plan (one time pay, semi-annually, quarterly, or monthly) will also be automatically rolled over to the next school year.
*NOTE: If you would like to change to a different pay plan, you will need to contact the Finance Office by **Monday, February 23, 2026.***
- The **Registration Fee of \$450/student** for current students and an **Activity Fee of \$200/student** will be charged to your account on **Friday, March 6, 2026.** This will be a non-refundable down payment for the next school year. You will receive an email notification from FACTS regarding this charge.
- The **Technology Fee of \$700/student** will be charged to your account on **Friday, April 6, 2026.** This will be a non-refundable fee for the next school year. You will receive an email notification from FACTS regarding this additional charge.
- If your student will not be returning next school year, or you are not sure if your student will be returning to SMHS, you must contact the school prior to **February 23** so your student's account can be put on hold or made inactive.

Contact Mrs. Susan Thibodeaux, Finance Office: 225-753-9782 ext. 25 or sthibodeaux@smhsbr.org if you have any questions or if you require assistance.

Sophomore Retreat | Persevere

On **Wednesday, February 25** Sophomores will take part in their grade level retreat. The retreat will take place at St. John the Evangelist parish during the school day from 8:00 AM-2:30 PM. All retreat information and retreat forms are available [here](#). Please pray for a great retreat for our Sophomore Kai's Class! This is a mandatory event for students. *Permission Forms and*

*limited bus shuttle request (online form) are due to religion teachers by **Friday, February 13.** Students will also receive forms in Religion Class.*

Seeking Mother Seton Nominations

The Home and School Association invites all parents to please consider nominating a deserving individual for the Mother Seton Award. This recognition honors someone who exemplifies faith, service, and dedication to our school community.

The person nominated may be a man or women and must:

** be a current member of Home and School (please note all parents are members)*

** be a parent, grandparent, or guardian*

** be recognized as a volunteer, not an employee of the school*

** Have at least three years involvement within the local Home and School Organization*

** Dependable, hard-working, self-sacrificing, attuned to the needs of the children and school.*

The link below provides all information needed to submit a nomination. We encourage you to take a moment to recognize someone who has made a meaningful impact.

<https://forms.gle/FFyZq2NS78md2Sq6>

The deadline for nominations is Wednesday, February 4.

Grades

Grades are updated each week on PlusPortals. Please talk to your child about his/her progress in all classes during this third nine weeks. **This nine weeks ends on March 14.** If you have any questions or concerns about a particular class please contact that teacher directly and immediately to discuss.

Junior Retreat

Mark your calendar for the Junior Retreat on **Wednesday, March 25.** More information and permission forms will be sent via email and distributed in theology classes. Please note that this retreat will be from 7:15am-4:30pm. Please make arrangements for a later end to the retreat/school day.

Father/Daughter Evening

Our 5th annual Father/Daughter Evening will take place on **Sunday, March 29 from 6:00-9:00 PM in the St. Sebastian Gym.** This is a special evening for fathers and daughters! The cost is \$25 per person and registration is required. This event is open to current St. Michael students and their fathers/father

figures. Dress for the evening is dressy/dressy casual. Registration information will be released in the coming month. Please mark your calendars and plan to attend!

CATHOLIC SCHOOL CAKE DAY!



Thank you event
chair
Angela Warren

Prom Information

Mark your calendar for Junior-Senior Prom, to be held **Saturday, April 25 at Lauryn Hope in Prairieville.** If your son would like to order a suit or tux, *Tuxedos to Geaux* will be on Campus during all lunch periods on **Tuesday, March 31** for a fitting. Items come with free lifetime alterations. *A letter with more information will be sent home early March.*

ADVANCEMENT NEWS & IMPORTANT EVENTS



We invite you to join us in advancing our mission by considering a personal and meaningful gift to the Fund for St. Michael. Your tax-deductible donation

allows us to provide qualified families with tuition assistance, strengthen faith formation, and support our extracurricular activities and programs. In essence, your gift to this fund improves the overall student experience. Please use the link below to learn more about our fund and how you can help us

attain our goal of **\$150,000** for the 2025-26 school year.

Questions? Contact Teri LaRose at tlarose@smhsbr.org.

[The Fund for St. Michael - St. Michael the Archangel High School \(smhsbr.org\)](http://TheFundforSt.Michael-St.MichaeltheArchangelHighSchool(smhsbr.org))

Sponsorship Opportunities

Formed in Catholic tradition, the mission of St. Michael High School is to foster the spiritual, intellectual, and personal development of young people as committed disciples of Christ. To achieve such a worthy goal, St. Michael gratefully relies on the meaningful involvement of many generous people. If you own a business or know a business, we invite you to discover the numerous ways you can partner with St. Michael High School by visiting our [website](#) or contacting Haleigh Gautreaux at 225-753-9782, ext. 26 or hgautreaux@smhsbr.org.

Taste of Warrior Tailgate

Tickets will be on sale soon for one of the most exciting nights of the school year. The 4th annual Taste of Warrior Tailgate will be held on **Saturday, March 21, 2026** in our St. Sebastian Gym. Join us for an evening of delicious food from various local restaurants, exciting items in our silent auction, and live music by Category 6 for a glow in the dark experience. If you are interested in serving as a Taste of Warrior Tailgate sponsor, please contact Haleigh Gautreaux at 225-753-9782 ext. 26.

Alumni of the Year

The Alumni of the Year Award is given to a graduate who has an established career, holds a sense of pride for their alma mater, and has given back to St. Michael and his/her own community. This individual should actively participate in school related events and has graduated 5 or more years. To nominate a Warrior alum for this special honor, please click [here](#).

Warrior Sword Award

The Warrior Sword Award is given annually to an individual whose selfless dedication to both St. Michael High School and to his/her community is beyond compare. He/She must exemplify Christian values and the spirit of goodwill through his/her actions on behalf of St. Michael High School and its mission. The nominee must be a role model of faith for students to emulate and must demonstrate service to the Church and community. To nominate a candidate for this award, please click [here](#).

Wall of Honor Award

The Wall of Honor Award is given to an outstanding individual who has left a lasting impact on St. Michael High School's Athletic legacy. This nominee could be a former player, coach, or Warrior supporter who has demonstrated exceptional skill, sportsmanship, and dedication, both on and off the athletic field. Submit your nomination for the Wall of Honor Award by clicking [here](#).



Still available for upcoming 2026
Winter/Spring Sports: WARRIOR
CLUB MEMBERSHIPS - We

hope you will consider joining the Warrior Club for the 2025 -26 school year. Details can be found on our [website](#). Click the [payment link](#) to join. You must be a member to purchase the annual Warrior Club Athletic Pass. Athletic Season Passes – available for purchase with Warrior Club Membership ONLY – Failure to follow the policy will result in your passes being deactivated. Refund options may not be offered.

Next Warrior Club Meeting tentatively scheduled for March 2026.

WARRIOR GEAR – Shop online, year-round, from our [website](#) anytime and your order may be picked up from the front office during school hours. Keep in mind that this is a volunteer organization and we are doing our best to accommodate and complete orders and respond to emails as quickly as possible. Turnaround time is generally two weeks or less.

The best way to obtain timely communication from the Warrior Club is to contact them directly at warriorclub@smhsbr.org or follow their social media accounts. Miscommunication seems to spread quickly through other outlets, and we do our best to reply timely.

We are currently working with the Athletic Director in finalizing some fancy artwork for our buses, so we travel with pride all throughout the region and represent SMHS Warriors with swag and style. Stay tuned.

St. Michael Prayer

St. Michael the Archangel, defend us in battle;

be our protection against the wickedness

and snares of the devil. May God rebuke him,

we humbly pray; and do Thou, O Prince of the Heavenly Host,

by the divine power of God, cast into hell, Satan

and all evil spirits, who roam about the world seeking the

ruin of souls.

Amen

Alma Mater

All hail to you, St. Michael High,

The black and gray and red.

Our glory and our honor

To thee do we pledge.

Years will pass and roads divide;

Memories remain.

St. Michael, we proudly pledge

Our honor, our love, and fame.