

# PRINCIPAL'S NEWSLETTER

*St. Michael the Archangel High School*



## MISSION STATEMENT

*Formed in Catholic tradition, the mission of St. Michael High School is to foster the spiritual, intellectual, and personal development of young people as committed disciples of Christ.*

**April 2026**

### FROM OUR PRINCIPAL

*Dear Warrior Families,*

*March was a full and exciting month, and I want to thank all of you who participated in the many events that brought our community together. From academic programs to athletics, retreats, and community gatherings, it was a powerful witness to what it means to live out our theme, "In the One, we are one."*

*One of the most meaningful milestones of the month was the opening of our new chapel. This sacred space now stands at the heart of our campus, reminding us that Christ is at the center of all that we do. I invite each of you to visit the chapel when you are on campus and spend a few moments in prayer with Our Lord. Amid busy schedules, it is a gift to have a place set apart for silence, reflection, and encounter.*

*As we enter Holy Week, we are invited into the most sacred time of the Church year. It is a time to walk with Christ through His Passion, so that we may fully share in the joy of His Resurrection.*

*We warmly invite all parents to join us on Wednesday, April 1 for a community showing of our Passion Play, one of the highlights of the Lenten season at St. Michael. This powerful tradition allows our students to enter more deeply into the mystery of Christ's sacrifice and love.*

*Please note that Holy Thursday, April 2, will be a full day of school, and Easter Break will take place from April 3 through April 12. We hope this time provides your families with an opportunity for rest, renewal, and celebration of the Resurrection.*

*As we move through April, many of our remaining athletic programs will be wrapping up their seasons. We are grateful for the dedication of our student-athletes, coaches, and families who continue to represent St. Michael with excellence and integrity.*

*We are also excited to host "Fundsies with the Nunsies"*

*on April 24, a kickball tournament here on campus that supports the Mercedarian Sisters. This event is always a great example of faith, fun, and community coming together in service of a meaningful cause.*

*The final week of April will highlight the incredible talents of our students during Fine Arts Week:*

- *April 27: Dance and Fashion*
- *April 28: Theatre and Art*
- *April 29: Spring Band Concert*
- *April 30: Spring Choir Concert at St. Thomas More Catholic Church*

*We encourage all families to attend and support the creativity and hard work of our students.*

*Finally, to our senior parents, please note that April and May are filled with important events and milestones for the Class of 2026. I ask that you refer to the senior letter sent by Mrs. Moseley on February 13, 2026, for detailed information, expectations, and instructions to help ensure a smooth and meaningful conclusion to your student's time at St. Michael.*

*As we journey through Holy Week and into Easter, may we not lose sight of the truth that anchors everything we do. In a world that moves quickly and often distracts, we are reminded that victory has already been won.*

*Christ has died. Christ is risen. Christ will come again.*

*May this season renew our hearts and strengthen our unity as a community rooted in Him.*

*God Bless You and Go Warriors!*  
**Mr. Jared Cavalier, Principal**

## UPCOMING DATES AT A GLANCE

### April

- 9: A Women's Easter Evening: All New Things
- 13: Christian Service Hour Deadline for Service Award
  - 17: Christian Service Mass
  - 22: Faithful Citizenship Day
  - 24: Spring Pep Rally
  - 24: Fundsies with the Nunsies
  - 25: Junior-Senior Prom
- 27: Christian Service Hour Deadline for school year
- 27-30: Spring Fine Arts Evenings

### May

- 1: Senior/Mother Mass
- 1: High School MP3
- 3: Senior Athletic BBQ
- 4-7: Senior Final Exams
- 5: Letterman Jacket Orders
- 8: Presentation of the Senior Class of 2027
- 9: Mother/Son Brunch
- 13: Baccalaureate Mass
- 15: Graduation
- 18-21: Underclassmen Final Exams



A Women's Easter Evening  
*All Things New*

Thursday, April 9  
6:15pm - 9:00pm  
St. Michael Cafeteria & our NEW  
Our Lady of Perpetual Help Chapel

Wine, Dinner, and Mini Retreat  
Open to Female SMHS Alums, Mothers  
and Friends of SMHS  
\$30 per person  
REGISTER AT [tinyurl.com/smhswomen](https://www.smhsbr.org/faith-formation/)

See the NEW THINGS at St. Michael  
The evening will be lead by  
Emily Froeba, with Fr. Albert Blount



Register for "A Women's Easter Evening" at this [link](https://www.smhsbr.org/faith-formation/) by Tuesday, April 7.

## Registration for 2026-2027

The deadline for re-registration has passed. If you have any questions, please contact Mrs. Susan Thibodeaux at [sthibodeaux@smhsbr.org](mailto:sthibodeaux@smhsbr.org).

## Senior Social Justice Presentations

Seniors will begin presenting their Social Justice Presentations on **Tuesday, April 14 during Theology classes**. Parents are invited to attend their child's presentation and will receive an email from their child with details. We are proud of their hard work and dedication.

## Christian Service Hour Deadline

The deadline to turn in service hours in order to be considered for a service award is **Monday, April 13**. The final deadline for students to turn in all Christian Service Hours is **Monday, April 27**. Students will not be allowed to take final exams until service hours are completed and turned in. Please encourage your students to complete their hours now to avoid the frustration of last-minute obstacles. Nursing homes and other nearby service sites are often put in a position of having to say no to the influx of last-minute requests for service opportunities. We must all remember that serving in these organizations is a privilege and not a right, and these organizations exist to meet the needs of their clients, not to help our students meet their service requirements. Challenges almost always center on those students who attempt to complete a large number of hours in a short amount of time. On the other hand, St. Michael students regularly do amazing work in organizations across the city, and we hear many comments about the good work they do. *A special thanks to parents for all you do to support our mission to form our young people as committed disciples of Christ.*

- More information about service and opportunities for service may be found at <https://www.smhsbr.org/faith-formation/>

## Christian Service Mass

Our Christian Service Mass will be held **Friday, April 17 at 8:47 AM in the St. Sebastian Gym**. Following Mass, students who have gone above and beyond their required service work for this school year will receive Christian Service Awards. In addition, a male and a female senior will receive the Mother Teresa of Calcutta Service Award for consistently putting charity

into action during their time at St. Michael. Parents are invited and must check in at the school office prior to the Mass start time. Students must wear their dress uniform.

### **Faithful Citizenship Day**

On **Wednesday, April 22**, St. Michael Juniors and Seniors are invited to take part in the Faithful Citizenship Day at the Capitol. There are limited spots available. You can find the excursion form [here](#). The day will include meeting Catholic Legislators, the Bishop and his lobbyist and attending Legislative hearings. Interested students should email Mrs. Froeba to confirm their spot by **Thursday, April 2. Forms are due by April 13.**

### **Spring Pep Rally**

The Spring Pep Rally will take place on **Friday, April 24 at 1:45 PM.**

### **Class Cup Competition Celebration**

On **Friday, April 24**, the winning grade level of the Class Cup Competition will be treated to Cane's during their lunch hour, courtesy of Spirit Club. Our 2025-2026 Class Cup Competition winner will be announced on **Friday, April 17.**

### **Fundsies for the Nunsies**

#### **Middle School Kickball Tournament**

On **Friday, April 24** middle schoolers are invited to create a team of 10 players to take part in a fundraiser for the Mercedarian Sisters of the Most Blessed Sacrament! A great afternoon of fun, food and games for the whole family **beginning at 5:30 PM. The flyer with more info can be found [here](#) and sign up your team [here](#).**

### **Kiss a Senior Goodbye Grams**

Each year the Student Council sells Senior Grams to students and parents for 25 cents each. A gram is a small note card to write a congratulatory message to a senior. Along with the gram, the senior will receive a chocolate Hershey's Kiss, hence the name *Kiss a Senior Goodbye*. If you would like to send a message, pick up a gram in the office from **April 20 through April 24**. All grams will be issued to the seniors during their last week of school. If you cannot make it to school, email Mrs. Moseley at

[jmoseley@smhsbr.org](mailto:jmoseley@smhsbr.org) and she will send the grams home with your child so they do not know what is in the envelope.

### **Junior-Senior Prom**

The Junior Class will sponsor the Junior-Senior Prom on **Saturday, April 25 from 8:00-11:00 PM at Lauryn Hope Venue in Prairieville.** Information regarding proper dress and guests can be found in the Student Handbook. Tickets are not sold for prom but every junior and senior should have registered. Any student bringing a guest from another school must have already completed a guest contract.

### **Spring Fine Arts Evenings**

We will hold four evenings featuring Fine Arts in the St. Sebastian Gym.

- **Monday, April 27** - Dance & Fashion
- **Tuesday, April 28** - Theatre & Art
- **Wednesday, April 29** - Band Concert
- **Thursday, April 30** - Choir Concert at St. Thomas More Catholic Church.

Please join us for these fun-filled evenings showcasing our talented students.

### **Senior/Mother Mass**

As our seniors move towards graduation, they will celebrate the first of several milestone events with our annual Senior/Mother Mass on **Friday, May 1, in the Main Gym.** Underclassmen must wear their dress uniform, and mothers will gather with their senior(s) in the cafeteria at **8:30 AM** for procession. Senior boys should wear a coat and tie. Senior girls should wear dressy pants or maxi (3/4 length) dress. No strapless or cutouts. This all-school Mass will be followed by a special brunch celebration for seniors and their mothers in the Gym. After the brunch, seniors will be dismissed for the day.

### **Senior Athletic BBQ**

The Senior Athlete BBQ will be held **Sunday, May 3 at 3:00 PM** in the Cafeteria.

### **High School MP3**

#### **The Way, The Truth, The Life**

Current 8th-12th graders are invited to attend the High School MP3 on **Friday, May 1 from 6:30 PM – 10:00 PM** in the

Quad and Courtyard at St. Michael High School. Register in advance [here](#) and pay \$10 at the door to enjoy an evening of music, prayer, play and praise. Experience the Lord's love surrounded by good community!

### Letterman Jacket Purchases

Jostens will be on campus **Tuesday, May 5**, during all lunches, for students who recently received a letter from a sport. You will know if your child lettered if they received a certificate at convocation. If you would like to order a letterman jacket or just an additional item for your jacket, please stop by their table during lunch.

### Presentation of the Senior Class of 2027

The Presentation of the SMHS Class of 2027 will be held **Friday, May 8 at 6:30 PM** in the St. Sebastian Gym. There will be **no practice this year**. Juniors wear their dress uniforms and should arrive at the main gym no later than 5:50 PM and parents should be seated by 6:20 PM. *Any student unable to attend this mandatory event, must be excused by Mr. Kegan Keller.*

### Mother/Son Brunch

St. Michael Mothers and Sons are invited to attend a special brunch on **Saturday, May 9 beginning at 9:30 AM in the St. Sebastian Gym**. The morning will include a delicious brunch, prayer, and fun. Grandmothers and siblings are also welcome. The cost is \$25 per person. You may reserve your spot [here](#).

### Requests for Schedule Changes (2026-2027)

In February, students participated in the course selection process and entered their course requests through PlusPortals. These requests, both in written and electronic formats, are considered a commitment on the part of the students to attend the classes they have asked St. Michael to provide. Students are expected to remain in their chosen classes for the entire 2026-2027 school year or in the case of one semester classes, until the end of the semester. By signing the SMHS Course Selection Sheet, parents/guardians are confirming their approval of the student's course selection and understand that these course selections are final except under the most critical circumstances. If a schedule change must be considered and is deemed unavoidable (i.e. error in the schedule; failure to meet requirements for graduation,

TOPS, the Board of Regents, college admissions, etc; or the student no longer meets the requirements for the course in which he/she enrolled for the 2026-2027 school year), the parent/guardian must provide the school counselors with a written request for the schedule change. The letter must include the following information: title of the course to be dropped, title of the course to be added, the reason for the request, the parent/guardian signature and date, as well as the student's signature and date. Any requests for schedule changes must be placed in writing by the parent/guardian and submitted to the appropriate grade level counselor by **May 21**. All schedule change fees will be waived during this period. After May 21, all written requests must be accompanied by a check for \$25.00 made payable to *St. Michael the Archangel High School*.

### SENIOR FINAL EXAM SCHEDULE

Monday, May 4: 1st hour and 2nd hour  
Tuesday, May 5: 7th hour and 4th hour  
Wednesday, May 6: 3rd hour and 5th hour  
Thursday, May 7: 8th hour and 6th hour  
*\*The first exam of each day begins at 7:10 AM and the second begins at 9:05 AM*  
*\*\*Seniors MUST turn in their laptops immediately following their last exam.*

### AP FINAL EXAM SCHEDULE

Monday, May 4: AP European History, 12:00 PM  
Tuesday, May 5: AP Chemistry II, 8:00 AM  
Wednesday, May 6: AP English IV, 8:00 AM  
Thursday, May 7: AP African American Studies, 12:00 PM  
Friday, May 8: AP U.S. History, 8:00 AM  
Monday, May 11: AP Calculus A/B, 8:00 AM  
Wednesday, May 13: AP English III, 8:00 AM

### UNDERCLASSMEN FINAL EXAM SCHEDULE

Monday, May 18: 1st hour and 7th hour  
Tuesday, May 19: 3rd hour and 6th hour  
Wednesday, May 20: 8th hour and 5th hour  
Thursday, May 21: 2nd hour and 4th hour  
*\*The first exam of each day begins at 7:10 AM and the second begins at 9:05 AM*

### Advisory Board Nominations

We are looking for nominations for the SMHS Advisory Board. Service on the Board is a 3-year commitment with six (6) meetings per school year. Click the link [here](#) to nominate yourself or someone you know.

## Strength & Conditioning at SMHS

At St. Michael the Archangel High School, our strength and conditioning program is built with purpose, professionalism, and a commitment to the full development of each student-athlete. Under the leadership of Coach Mike Davis, a highly trained professional with a background in exercise physiology and performance training, our program goes far beyond the weight room.

[This video](#) highlights Coach Davis' comprehensive approach that emphasizes strength, speed, discipline, and resilience, not just for athletic success, but for lifelong health and character. Coach Davis' methodology is rooted in proven performance principles that develop power, agility, and overall athleticism while reducing injury risk and promoting proper technique. More importantly, the program reflects our mission as a Catholic school: forming the whole person. Student-athletes are challenged to grow in accountability, mental toughness, and leadership, learning how to push themselves while supporting their teammates.

We are confident that our strength and conditioning program is preparing our students not only to compete at a high level, but also to carry the habits of excellence, discipline, and perseverance into every aspect of their lives.

## ACT & SAT Dates

The next ACT dates are **Saturday, April 11; Saturday, June 13;** and **Saturday, July 11.** Please visit [www.act.org](http://www.act.org) to register.

The next SAT dates are **Saturday, May 2** and **Saturday, June 6.** Please visit <https://satsuite.collegeboard.org/sat> to register.

## Last ACT Date for Seniors to Qualify for Full TOPS

The last ACT date to qualify for all 8 semesters of TOPS for current seniors is **April 11.** Students may qualify on a test taken after the ACT national test date in April, but prior to August 1, by using June, and/or July test scores, including scores from a special ACT or SAT, but your period of eligibility for the award will be reduced by one semester or two quarters. You may qualify for a higher award using a score achieved after the national ACT test date in April and before July 1. Please refer to [www.osfa.la.gov](http://www.osfa.la.gov) for a full understanding of TOPS eligibility requirements.

## Completing Registration at LSU

In order to complete registration at LSU, students must log into their myLSU accounts and accept all desired financial aid awards or scholarships. According to LSU's website, students must accept all scholarships on their myLSU account by **May 1.** Any scholarship offer not accepted on or before **May 1** will be declined. **May 1** is also the deadline for the enrollment deposit. This deposit is collected to know which students will actually attend. Reinstatements are based on available funding and are not guaranteed. On myLSU, from the menu on the left side, select Financial Services, Financial Aid, Financial Aid & Scholarships. For more information regarding LSU Financial Aid and Scholarships, please go to [www.lsu.edu/financialaid](http://www.lsu.edu/financialaid). Students must pay their fee bills by the beginning of **August** on their myLSU account to complete registration. Failure to do so will result in classes being purged.

## Reminder to File the FAFSA

Seniors and senior parents, please remember to complete the FAFSA, the Free Application for Federal Student Aid, in order to receive any financial assistance and/or to apply for TOPS and other scholarships per the instructions of colleges and universities. Your FAFSA must be filed by **June 30** in order to receive TOPS. The earlier the FAFSA is completed may enable a

# Inka's

UNIFORMS



**SAVE 20% in April**

**SAVE 15% in May**

**SAVE 10% in June**

[inkas-uniforms.com](http://inkas-uniforms.com)



The best quality school uniforms.  
Great customer service.

Our girls plaid items are made with our unique **UPSCALE** growth features that lets the garment grow with your child.

**FREE Alterations**

April 6th —11th, 2026

Inka's Uniforms only (new or used)  
Limit 10 Items per customer



11626 Sherwood Forest Court

student to receive more financial assistance. The colleges wait for completed fafsa's to do their award packages. Visit <https://studentaid.gov/h/apply-for-aid/fafsa> to get started or to finish your application. The student and parent must apply for an FSA ID before the fafsa can be filled out. If you need assistance completing the FAFSA, please call the FAFSA Helpline at 1-800-433-3243. If you wish to fill out the application for the TOPS scholarship only, you may do so on the Louisiana Office of Student Financial Assistance, LOSFA, website at <https://mylosfa.la.gov/applications/award-system/>. By filling out the LOSFA application only, and not the FAFSA, your student will not qualify for loans, grants, or work study. In addition, LOSFA requires an official ACT score be sent to them by **June** to qualify for the TOPS Scholarship.

### ADVANCEMENT NEWS & IMPORTANT EVENTS



We invite you to join us in advancing our mission by considering a personal and meaningful gift to the Fund for St. Michael. Your tax-deductible donation

allows us to provide qualified families with tuition assistance, strengthen faith formation, and support our extracurricular activities and programs. In essence, your gift to this fund improves the overall student experience. Please use the link below to learn more about our fund and how you can help us attain our goal of **\$150,000** for the 2025-26 school year.

Questions? Contact Teri LaRose at [tlarose@smhsbr.org](mailto:tlarose@smhsbr.org).

[The Fund for St. Michael - St. Michael the Archangel High School \(smhsbr.org\)](https://www.smhsbr.org)

### Sponsorship Opportunities

Formed in Catholic tradition, the mission of St. Michael High School is to foster the spiritual, intellectual, and personal development of young people as committed disciples of Christ. To achieve such a worthy goal, St. Michael gratefully relies on the meaningful involvement of many generous people. If you own a business or know a business, we invite you to discover the numerous ways you can partner with St. Michael High School by visiting our [website](https://www.smhsbr.org) or contacting Haleigh Gautreaux at 225-753-9782, ext. 26 or [hgautreaux@smhsbr.org](mailto:hgautreaux@smhsbr.org).



### Alumni of the Year

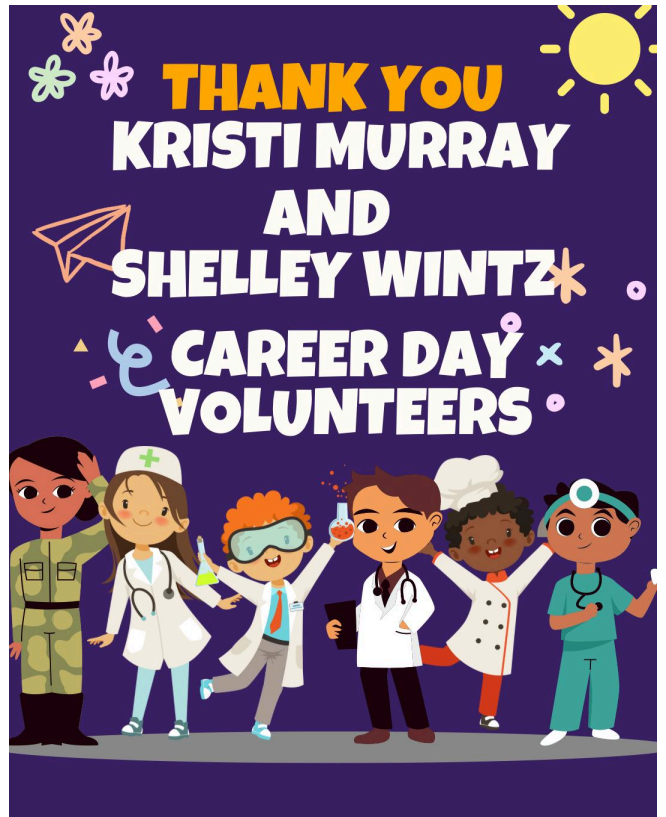
The Alumni of the Year Award is given to a graduate who has an established career, holds a sense of pride for his/her alma mater, and has given back to St. Michael and his/her own community. This individual should actively participate in school related events and has been graduated 5 or more years. To nominate a Warrior alum for this special honor, please click [here](#).

### Warrior Sword Award

The Warrior Sword Award is given annually to an individual whose selfless dedication to both St. Michael High School and to his/her community is beyond compare. He/She must exemplify Christian values and the spirit of goodwill through his/her actions on behalf of St. Michael High School and its mission. The nominee must be a role model of faith for students to emulate and must demonstrate service to the Church and community. To nominate a candidate for this award, please click [here](#).

### Wall of Honor Award

The Wall of Honor Award is given to an outstanding individual who has left a lasting impact on St. Michael High School's Athletic legacy. This nominee could be a former player, coach, or Warrior supporter who has demonstrated exceptional skill, sportsmanship, and dedication, both on and off the athletic field. Submit your nomination for the Wall of Honor Award by clicking [here](#).





## Next Warrior Club Meeting scheduled for April 12, 2026

All are welcome to offer feedback, learn about fundraising and volunteer opportunities, and mingle with fellow Warrior families.

**WARRIOR GEAR** – Shop online, year-round, from our [website](#) anytime and your order may be picked up from the front office during school hours. Keep in mind that this is a volunteer organization, and we are doing our best to accommodate and complete orders and respond to emails as quickly as possible. Turnaround time is generally 2 weeks or less.

The best way to contact The Warrior Club is to email [warriorclub@smhsbr.org](mailto:warriorclub@smhsbr.org) or follow our social media accounts.

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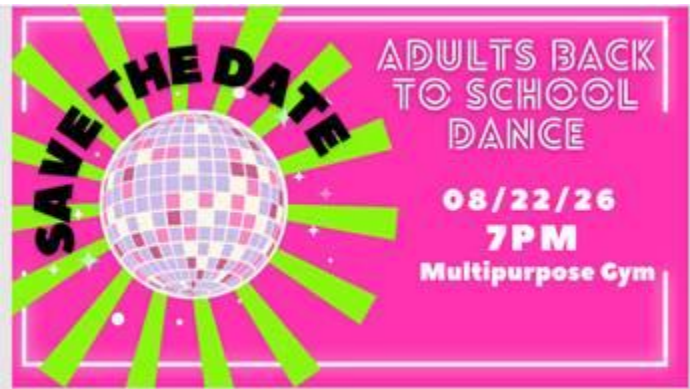
### Upcoming Events:

Senior Athletic BBQ – May 3, 2026 - invites coming soon

Teacher Appreciation Week – May 4-8, 2026

Senior Graduation – May 15, 2026

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St. Michael Warrior Club



smhs\_warrior\_club



@smhswarriorclub

### *St. Michael Prayer*

*St. Michael the Archangel, defend us in battle;  
be our protection against the wickedness  
and snares of the devil. May God rebuke him,  
we humbly pray; and do Thou, O Prince of the Heavenly Host,  
by the divine power of God, cast into hell, Satan  
and all evil spirits, who roam about the world seeking the ruin of  
souls.*

*Amen*

### *Alma Mater*

*All hail to you, St. Michael High,  
The black and gray and red.  
Our glory and our honor  
To thee do we pledge.*

*Years will pass and roads divide;  
Memories remain.*

*St. Michael, we proudly pledge  
Our honor, our love, and fame.*