

St. Michael the Archangel High School

Girls and Boys Outdoor Track and Field

2025-2026 SCHEDULE

HEAD COACH: Ben Cupit

ASSISTANT COACHES: Zachary Hatfield, Marcus Jones, Barrett Miller, Oren May



DATE	COMPETITION	PHYSICAL LOCATION	TIME	VARSITY/ JV
3/7/2026	Catholic Tip off	Catholic High School	TBA	V
3/9/2026	D-Town	Dutchtown High School	3:30F - 4:30R	JV
3/12/2026	Ralph Sellers	Live Oak High School	3:15F - 5:00R	V
3/17/2026	DSHS JV Relays	Denham Springs High School	4:00F - 5:30R	JV
3/19/2026	Knights Relays	Episcopal High School	TBA	V
3/24/2026	Live Oak	Live Oak High School	3:45F - 5:00R	JV
3/26/2026	LA. National Guard Invitational	Woodlawn High School	TBA	V
3/31/2026	Tiger Relays	East Feliciana High	3:30F - 5:00R	JV
4/2/2026	Denham Springs Relays	Denham Springs High School	3:30F - 5:00R	V
4/9/2026	Easter Classic	Live Oak High School	3:15F - 5:00R	V
4/14/2026	D-Town Showdown	Dutchtown High School	3:30F - 4:30R	JV
4/16/2026	Grizzly Relays	Catholic High School	TBA	V
4/22/2026	6 4A District	St. Michael's High School	TBA	V
4/29/2026	Regional Track Meet	Cecilia High School	TBA	V
5/9/2026	State Track Meet	LSU	TBA	V